

ES Weekly Execution Plan

Core Levels

- 1 7186–7192: Expansion Zone
- 2 7170–7175: Core Upper (Trigger)
- 3 7160–7168: Core Mid
- 4 7150–7160: Neutral
- 5 7120–7134: Volatility Flip Zone
- 6 7103–7114: Neutral Pivot
- 7 7071–7078: Downside Target
- 8 7055–7057: Full Reset Base

Bullish Scenario

- 1 Hold above 7170 → target 7186–7192
- 2 Break 7192 → expansion likely

Neutral Scenario

- 1 7150–7170 → chop / two-way trade
- 2 Expect fake breaks and reversion

Bearish Scenario

- 1 Lose 7120 → move to 7103–7114
- 2 Lose 7100 → test 7070s and possibly 7055

Weekly Structure

- 1 Early week: volatility
- 2 Mid-week (22–23): decision
- 3 Late week: expansion